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# SAUNA HOST

## Job Description

### About Sauna Sessions Arts Club

Sauna Sessions Arts Club is a new company founded by [Lucy](#) – a scenographer and venue designer – and [James](#) – a theatre director. Together we have made numerous theatre productions stretching back over 20 years. We also built the world's first pop-up plug-and-play theatre called [Roundabout](#), which has become one of the UK's best loved theatres.

We love sauna. We are passionate about the potential for sauna to become a space in which more art and culture is presented and enjoyed. We think combining heat and art doubles the benefit and doubles the joy. 37 million people attended a UK theatre in 2024; we think many of those people would love to experience theatre in a sauna.

So we are building the UK's first purpose-built Sauna Theatre. It will also be the largest sauna in the UK with 80 seats. It will feature a state-of-the-art lighting rig and sound system – like a theatre. It will be portable so we can tour it around the country and pop up in different places from city centres to seashores.

We are going to launch the Sauna Theatre in Edinburgh as part of the [Edinburgh Festival Fringe](#) in August 2026.

Our Sauna Theatre will sit within the grounds of [Summerhall](#), which is a year-round arts centre and one of the leading and best loved Fringe venues. It is renowned for avant garde and international theatre. Our programme will run every day 5-31 August 2026.

### The Programme

During the Fringe, our Sauna Theatre will play host to an eclectic programme of events, ranging from straight up sauna sessions to theatre performances, literary salons and raves. We'll be open from 9am-11pm every day throughout the festival.

Our programme will introduce audiences to Aufguss - a multisensory sauna ritual that involves storytelling through heat, steam, aromas, towel waving choreography, narrative and music - while also exploring how it can intersect with other art forms.

We aim to introduce and establish a new way to experience live performance in a sauna. Beautiful, profound, moving, entertaining, transformative theatrical experiences that bring people joy and help them lead healthier, happier lives.

# ABOUT THE ROLE

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## Role Overview

**Job Title:** Sauna Host

**Location:** Edinburgh, Scotland

**Contract Period:** 5 August – 31 August 2026

**Contract Type:** Freelance

**Working Hours:** Shifts as agreed

**Reporting to:** Site Managers

**Fee:** £13.45 p/h

**Other Benefits:** Free sauna! (as long as a session isn't sold out).

Sauna Hosts are the front-facing heart of Sauna Theatre.

The person in this role is responsible for creating a warm, welcoming and safe environment for all visitors to the Sauna Theatre. You will greet guests, support the smooth running of sessions, and help maintain the distinctive atmosphere that makes Sauna Theatre special.

Working closely with the Site Manager, Aufguss artists and fellow hosts, you will help ensure that every audience member has an exceptional experience.

This role is ideal for someone who enjoys hospitality, live events and working with people, and who takes pride in creating a thoughtful and welcoming environment.

## Key Responsibilities

### Guest Welcome

- Welcome visitors warmly and help them feel comfortable in the space.
- Provide clear information about sessions, sauna etiquette and what to expect.
- Support guests throughout their visit and answer questions where needed.

### Session Support

- Help prepare the sauna theatre for each session.
- Assist with transitions between performances and audience groups.
- Ensure guests enter and exit the sauna safely and comfortably.

### Front of House Operations

- Support the smooth running of daily operations.

- Help manage queues and audience flow during busy periods.
- Assist with ticket checking or guest lists.

### **Site Care**

- Help maintain a clean, welcoming and organised site.
- Monitor shared spaces such as changing areas and relaxation zones.
- Ensure water and other essentials are available for guests.

### **Team Collaboration**

- Work closely with the Site Manager and artistic team.
- Communicate clearly with colleagues about any operational issues.
- Contribute positively to the team and working environment.

## **Timeline of Engagement**

### **5th August (morning): Training and induction.**

- Introduction to Sauna Sessions Arts Club and the Sauna Theatre
- Training in sauna etiquette and guest experience
- Health and safety procedures
- Familiarisation with the venue and team

*This is a compulsory session and will be paid at the standard hourly rate.*

### **Festival Period (6–31 August).**

- Hosts will work shift-based schedules supporting the daily operation of the venue.
- Shifts will be available throughout the week from 0830 – 2330 every day. In your application, please clearly state your availability and the amount of hours you would ideally like to work per week.

## **Working Environment**

This role takes place in a busy festival environment and includes working in and around a high-temperature sauna space. The work can be physically active and guest-facing throughout the day. Sauna Hosts play an important role in creating a calm, welcoming and safe environment for everyone who visits Sauna Theatre.

# PERSON SPECIFICATION

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## Essential Requirements

Applicants must:

- Enjoy working with people and providing excellent hospitality
- Be friendly, welcoming and confident speaking with guests
- Be reliable, organised and able to work as part of a team
- Remain calm and helpful during busy periods
- Be available for the full festival period
- Be local to Edinburgh or already have an Edinburgh base for the duration of the festival

## Desirable Experience

The following experience would be advantageous but is not essential:

- Experience working in hospitality or customer-facing roles
- Experience in events, festivals or live performance venues
- Interest in sauna culture

## Our Commitment to You

We believe great work happens when people feel supported, respected and valued. As part of Sauna Sessions we commit to:

- Treating you with respect as both a colleague and a person
- Creating a friendly, collaborative and welcoming working environment
- Supporting you throughout the intensity of the festival period
- Ensuring you are paid fairly and promptly
- Helping make your experience of the Edinburgh Festival Fringe creative, exciting and memorable

## HOW TO APPLY

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To apply, please email a CV and a one page cover letter, to **hello@saunasessionsartsclub.com**, with the subject line APPLICATION - Sauna Host.

The application deadline is Friday 19th June 2026. We actively welcome applications from individuals with backgrounds currently under-represented in the arts.